

The Urban Rest Stop

**Celebrating
10 years!**

A program of Low Income Housing Institute

- **Ten years** of providing basic hygiene*, health and social services** to **29,000+** individuals in downtown Seattle but drawing from across the region, nationally and internationally.
- **Supports the employed. Sixty percent (60%)** of Urban Rest Stop patrons are **employed**, at minimum wage, without medical benefits, working one or two part-time jobs. **100%** are homeless.
- **Free Services.** All services are free, serving homeless Individuals, families, children, elders & youth.
- **National Model.** Extended service hours. Stand-alone model. The only Hygiene Facility in the nation and in Seattle and one that families can use together.
- **Supports business and economic development.** The Urban Rest Stop provides essential services which supports both the business and residential community of Seattle.
- **Improves physical and mental health.** The homeless and housed populations are healthier. Increases employment, education, and housing opportunities. Patrons gain dignity and respect.
- **Enhances public safety.** Social service agencies, businesses, police and fire departments have a place to refer people for hygiene services.
- **Shared community spaces/facilities are cleaner, more attractive.** Bus systems, parks, libraries, retail, public events & services, public streets/alleyways are cleaner.
- **Portal to community services.** Direct connection to continuum of services to achieve self-sufficiency.
- **Accessible to persons with disabilities.**

Additionally, our community becomes more aware and understanding of homeless individuals and increased civic sense of community responsibility and pride of accomplishment for all.

*Services Provided to Date (12/31/10)

- 563,981 Showers
- 999,457 Rest Room Uses
- 234,252 Loads of Laundry
- 482 clinical visits with the Nurses , (since April 2009)
- 61 different Health Education Workshops (since April 2009)
- 1,029 individualized Service Referrals (since August 2009)
- 570 Haircuts (since September 2009)

****On-site Public Health Nurses, 2 mornings per week; on-site podiatrist, monthly; On-site Information & Referral Services, daily; On-site Barber, weekly; Health Education workshops, weekly; On-site HEP A & B testing & vaccinations, monthly; Legal Assistance with Social Security Applications, monthly.**

Supplies Used & Distributed

- Toilet Paper
 - 3 cases per month (288 rolls)
 - 9 miles of Toilet Paper Per month
 - 1,161 Miles of Toilet Paper Used to Date
 - The Mileage to Brookings, South Dakota from Seattle
- Laundry Soap
 - 30 Soap Buckets, each 26 LBs, Monthly (780 lbs)
 - 320 Soap Buckets, 8.320 lbs per year
 - 3,870 soap Buckets, 100.620 lbs of Soap used to date
- Body Soap
 - 25 Gallons per Month
 - 3,225 Gallons Used to Date
- Tooth Brushes & Razors
 - 6,000 – 8,000 Monthly
- Toothpaste
 - 67 tubes of Toothpaste Monthly

Who Comes to the Urban Rest Stop?

	New Patrons	Returning Patrons	Total Use
2000	4,557	0	4,557
2001	4,420	3,342	7,762
2002	3,552	3,842	7,362
2003	2,742	3,233	5,975
2004	2,334	3,229	5,563
2005	1,666	3,229	4,895
2006	2,266	2,471	4,737
2007	2,160	2,617	4,777
2008	2,346	3,401	5,747
2009	2,107	2,735	4,839
2010	1,829	<u>2,524</u>	<u>4,353</u>
	=====		
Total	30,091 through 12/31/ 2010		

<i>Men</i>	80%	<i>Where did you sleep last night?</i>	
<i>Women</i>	20%	<i>Non-housing (street, park, car, bus station, etc.)</i>	78%
<i>Under 18 years old</i>	3%	<i>Emergency Shelter</i>	22%
<i>Over 60 years old</i>	6%	<i>Seattle Resident</i>	85%
<i>Single Adults (Male & Female)</i>	95%	<i>King County Resident</i>	10%
<i>Single Parent Households with Children under 18</i>	5%	<i>Outside King County</i>	5%
<i>Employed</i>	60%	<i>Persons with Disabilities</i>	18%
<i>US Veterans</i>	27.5%	<i>English as Second Language</i>	45%
<i>Homeless</i>	100%	<i>Refugee/Immigrant</i>	31%

(Data Reflects Services Provided Thru 12/31/2010)

Please visit us at www.urbanreststop.org; www.facebook.com/urbanreststop.

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